Fig 1

Fig 1	min	max	optimum
i	6.0	10.0	8.0
ii	0.8	1.8	1.0
iii	2.0	3.8	2.8
iv	1.0	2.5	1.6
v	8.0	12.0	10.0

All measurements in millimetres

i

Fig 2a

iii

Fig 2b

iv

v
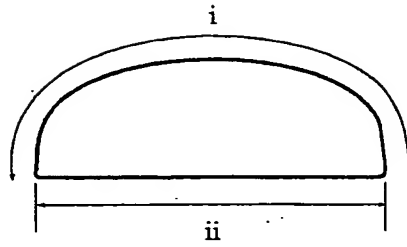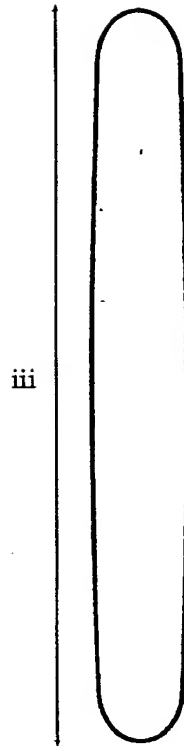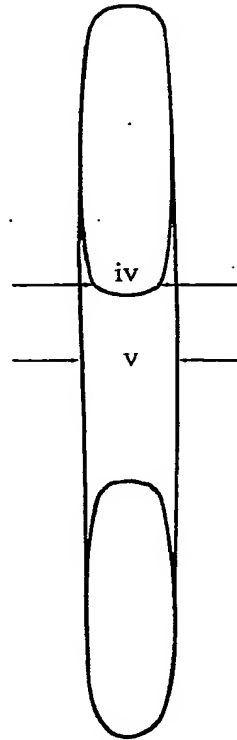
Fig 2c

Fig 2a	min	max	optimum
i	4.9	10.0	6.5
ii	3.0	8.0	4.5
Fig 2b			
iii	18.0	26.0	22.4
Fig 2c			
iv	3.0	8.0	4.0
v	3.0	8.0	4.5

All measurements in millimetres

Acupressure Stimulator A
joins two rings

iii

Fig 3a

Acupressure
Stimulator A

ii

Fig 3b

v

Acupressure
Stimulator
joins two rings

i

iv
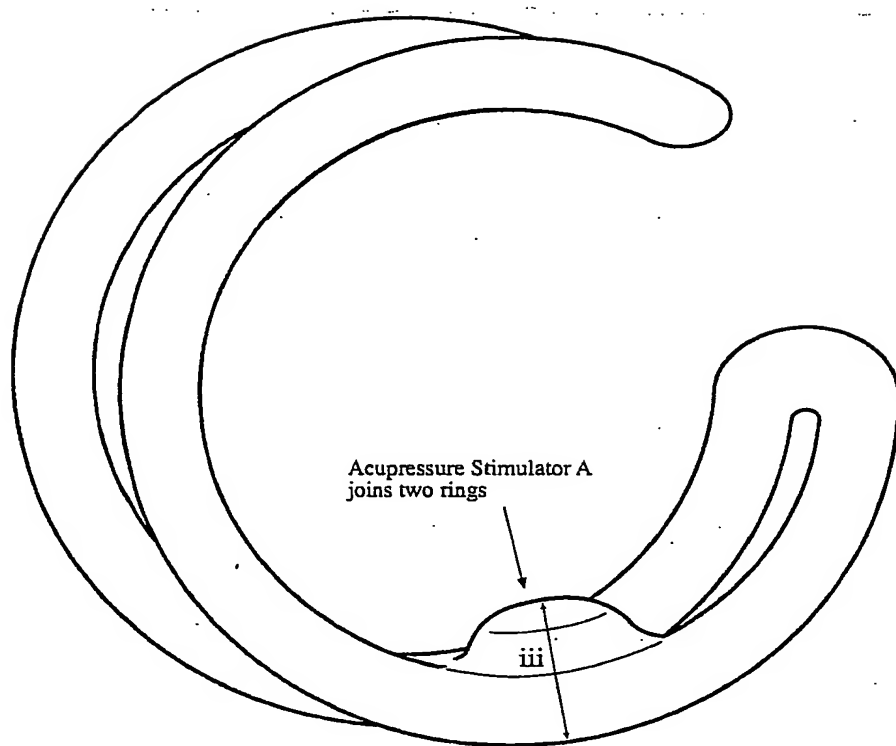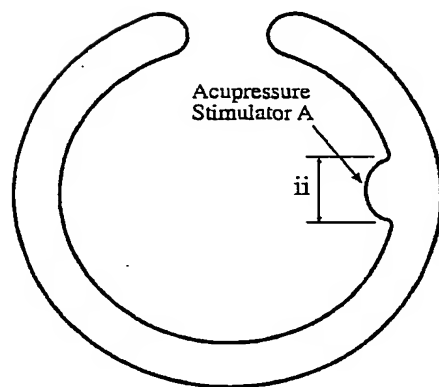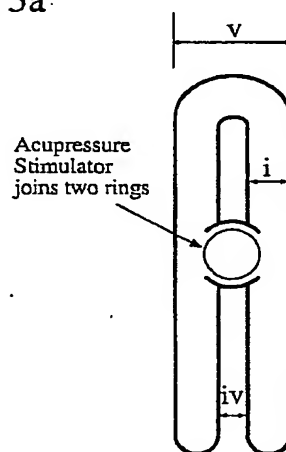
Fig 3c

Fig 3a	min	max	optimum
iii	2.0	4.0	2.8
fig 3b			
ii	3.0	8.0	7.0
fig 3c			
i	1.4	2.0	1.56
iv	0.5	3.0	1.0
v	3.3	7.0	4.12

All measurements in millimetres

Fig 4a

Acupressure Stimulator

v

iv

i
(width)

iii

Fig 4b

Acupressure Stimulator
assembled

Safety lock mechanism to prevent overtightening

ii
(depth)

iv (depth)
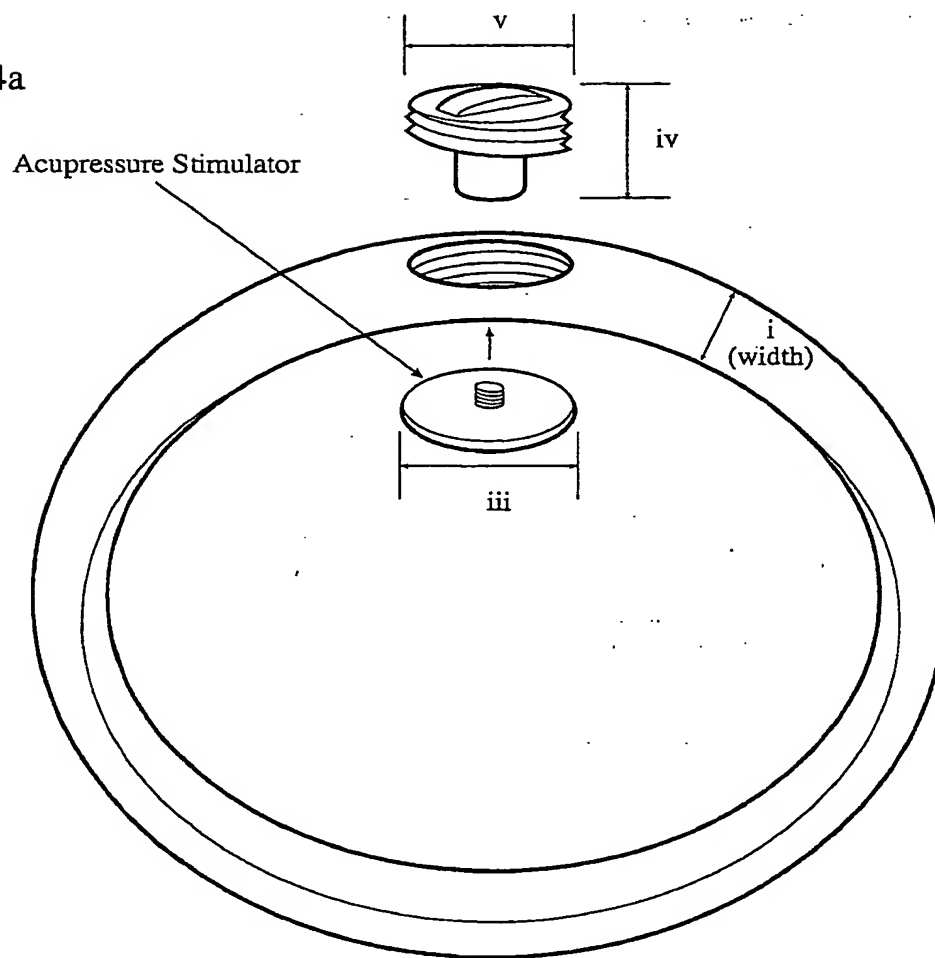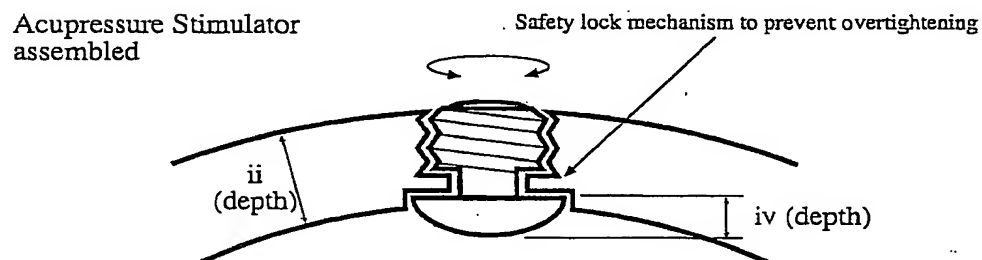
Fig 4a	min	max	optimum
i	3.0	8.0	4.0
iii	3.0	4.5	3.8
v	2.8	4.3	3.5
vi	1.0	3.5	2.0
Fig 4b			
ii	1.5	4.5	3.0
iv	1.0	2.5	1.6

All measurements in millimetres

Fig 5a

i (circumference)

Fig 5b

ii (circumference)

Fig 5c

iii (diameter)
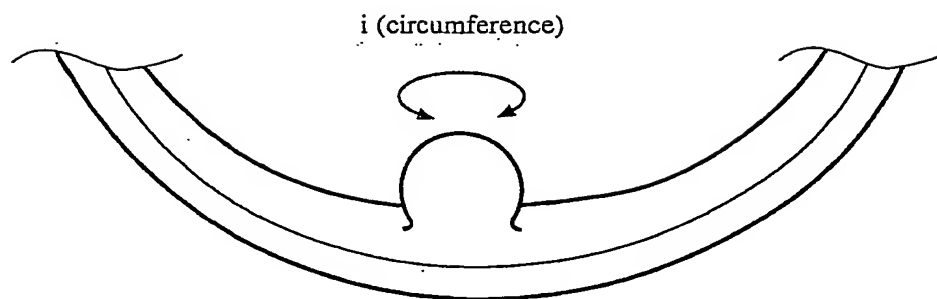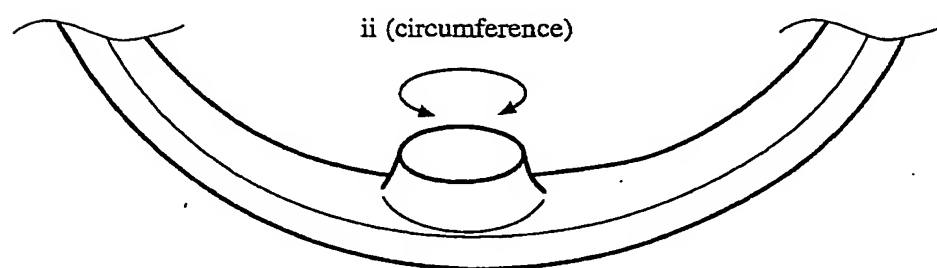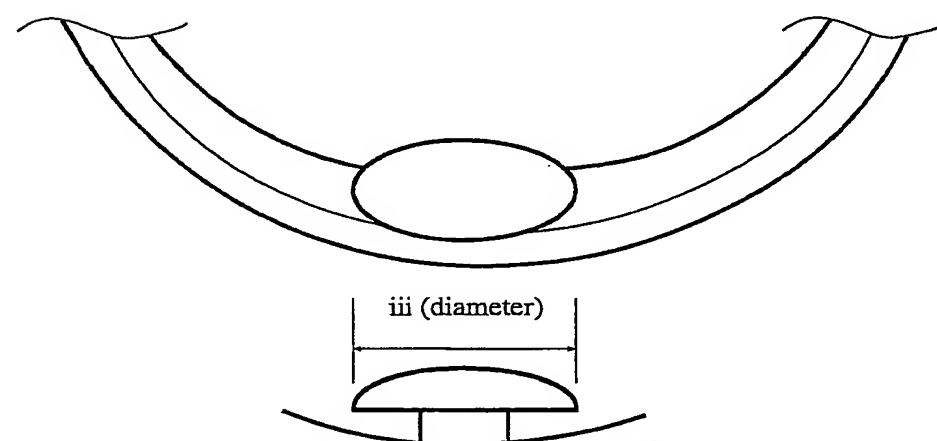
Fig 5a	min	max	optimum
i	8.2	10.8	9.7
Fig 5b			
ii	8.0	10.8	9.4
Fig 5c			
iii	4.0	9.4	8.0

All measurements in millimetres

Acupressure Meridian
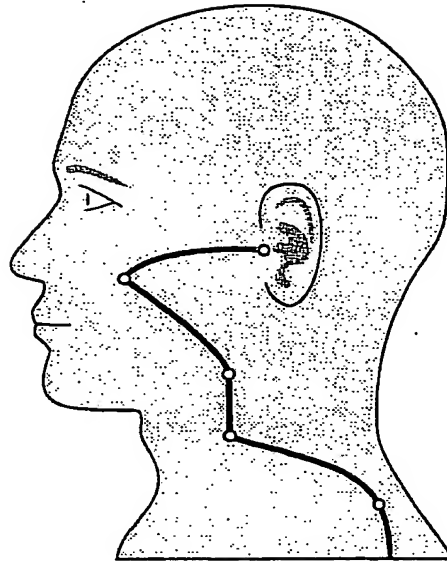
Small intestine meridian

Acupressure Meridian

Qiangu
Acu point

Qiangu
Acu point

Qiangu
Acu point